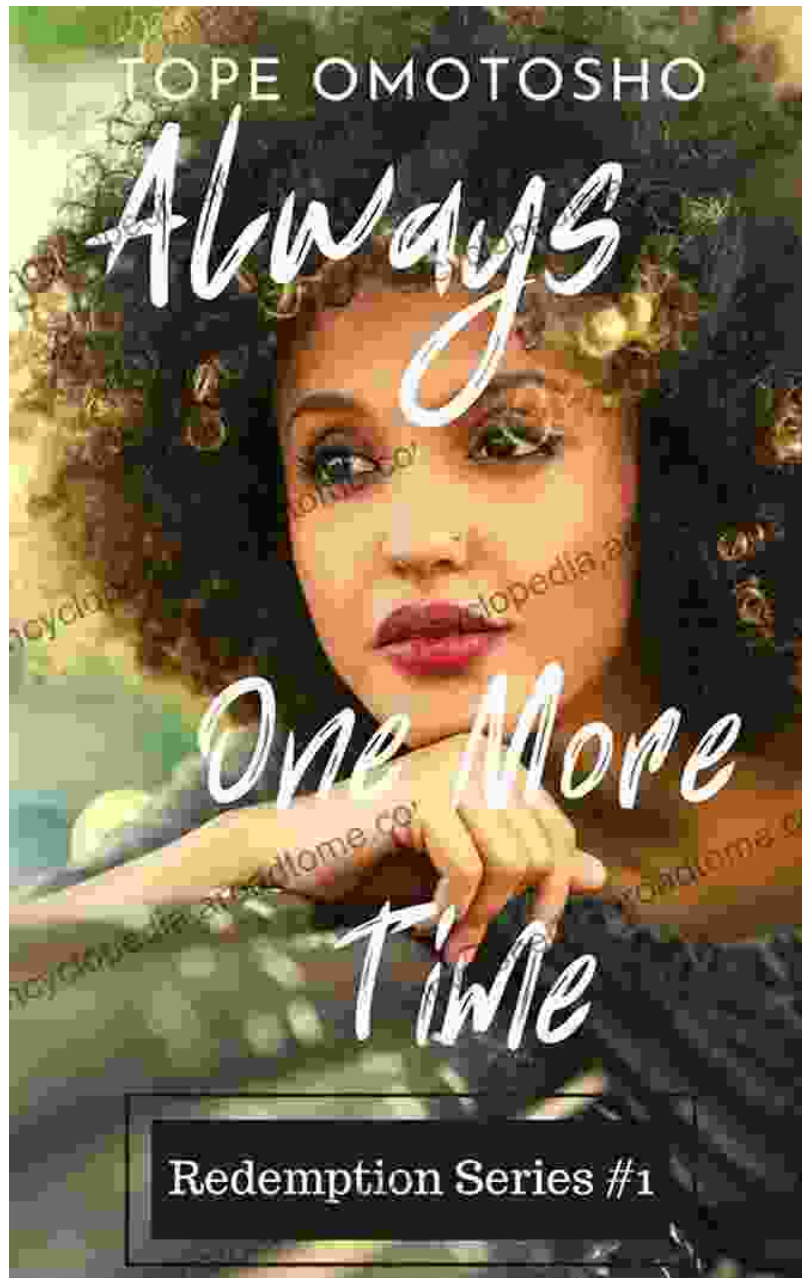


# Always One More Time Redemption: Reclaim Your Power and Break Free from Addiction



## Break Free from the Chains of Addiction and Reclaim Your Life

In the gripping pages of Always One More Time Redemption, renowned addiction expert Dr. Sarah Mitchell guides you on a transformative journey

towards lasting recovery.



## Always One More Time: Redemption Series Book #1

by Tope Omotosho

★★★★☆ 4.8 out of 5

Language : English  
File size : 6488 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 348 pages  
Lending : Enabled



Through a comprehensive and evidence-based approach, Dr. Mitchell reveals the underlying causes of addiction and empowers you with proven strategies to:

- Overcome cravings and triggers
- Build resilience and self-control
- Repair damaged relationships
- Regain a sense of purpose and fulfillment

With captivating real-life stories and practical exercises, Always One More Time Redemption becomes your trusted companion on the road to recovery. It offers hope, inspiration, and actionable tools to help you break free from the cycle of addiction and reclaim the life you deserve.

### **Key Features of Always One More Time Redemption:**

- Comprehensive understanding of addiction and its underlying causes
- Proven strategies for overcoming cravings and triggers
- Effective techniques for building resilience and self-control
- Guidance on repairing damaged relationships
- Practical tools for finding purpose and fulfillment in recovery
- Inspiring real-life stories of successful recovery

Whether you're struggling with addiction yourself or supporting a loved one, *Always One More Time Redemption* provides the knowledge, support, and guidance you need to break free from the chains of addiction and unlock a brighter future.

**Don't wait another moment to reclaim your power and live the life you deserve. Free Download your copy of *Always One More Time Redemption* today!**

### **About the Author: Dr. Sarah Mitchell**

Dr. Sarah Mitchell is a licensed clinical psychologist and addiction specialist with over 20 years of experience in the field. She is the founder and director of the Addiction Recovery Center at the University of California, Los Angeles (UCLA).

Dr. Mitchell is internationally renowned for her research and clinical work in addiction recovery. She has authored numerous scientific articles, book chapters, and two previous books on addiction. *Always One More Time Redemption* is her most comprehensive work to date, offering a practical and compassionate guide to breaking free from addiction.

## Free Download Your Copy Today!

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