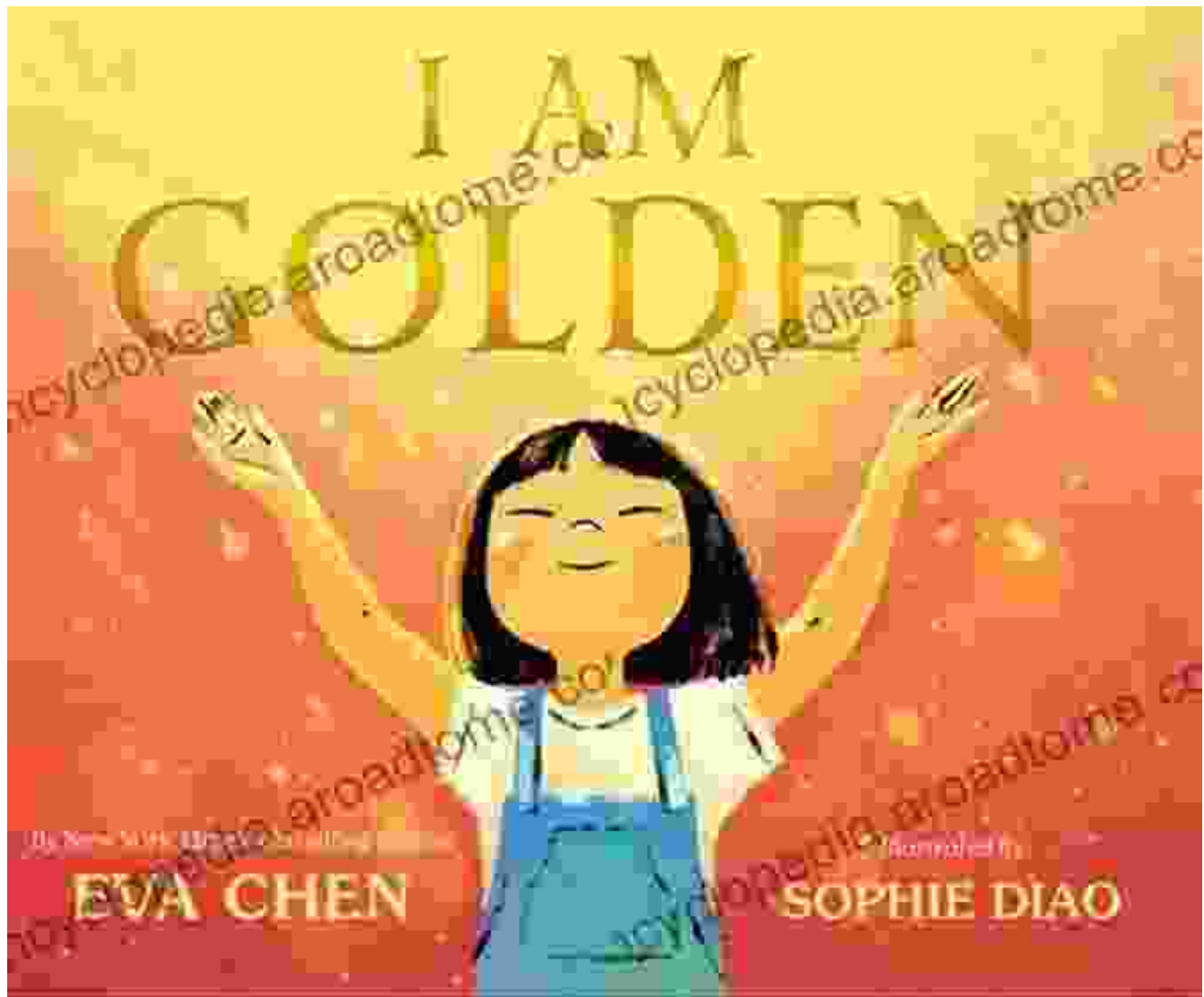


# Am Golden: A Memoir by Eva Chen

Embracing a Life of Purpose and Authenticity



**I Am Golden** by Eva Chen

★★★★☆ 4.7 out of 5

Language : English

File size : 34420 KB

Screen Reader : Supported

Print length : 40 pages



In her debut memoir, *Am Golden*, former editor-in-chief of *Lucky* magazine and co-host of the popular podcast "Friend of a Friend," Eva Chen, shares her captivating journey of self-discovery and empowerment.

With raw honesty and wit, Chen recounts her experiences growing up as a Chinese-American girl in New York City, navigating the challenges of finding her place in a world that often seemed to tell her she wasn't enough. Through her struggles with body image, mental health, and relationships, Chen ultimately learns to embrace her unique qualities and find her voice.

Drawing on her experiences in the fashion and media industries, Chen offers valuable lessons on self-confidence, resilience, and the importance of staying true to oneself. She shares stories of overcoming obstacles, celebrating successes, and finding her passion in life.

*Am Golden* is an inspiring and relatable memoir that will resonate with anyone who has ever felt lost or unsure of their place in the world. Chen's journey is a reminder that it is never too late to find your voice and live a life of purpose and authenticity.

### **Praise for *Am Golden***

"*Am Golden* is a must-read for anyone who has ever felt like an outsider. Eva Chen's story is honest, inspiring, and relatable. She shows us that it is possible to overcome our fears and embrace our unique qualities." - **Reese Witherspoon**

"Eva Chen's writing is as sharp as her style. *Am Golden* is a funny, insightful, and empowering memoir that will stay with you long after you finish it." - **Tina Fey**

"*Am Golden* is a powerful and important book. Eva Chen's story is a reminder that we all have the power to find our voice and make a difference in the world." - **Michelle Obama**

## About Eva Chen

Eva Chen is a Chinese-American writer, editor, and podcaster. She is the former editor-in-chief of *Lucky* magazine and the co-host of the popular podcast "Friend of a Friend." Chen is known for her sharp wit, her love of fashion, and her dedication to empowering women.

*Am Golden* is Chen's debut memoir. In it, she shares her journey of self-discovery and empowerment, offering valuable lessons on finding your voice, embracing your unique qualities, and living a life of purpose and authenticity.

## Buy *Am Golden* Today

*Am Golden* is available for Free Download at all major bookstores and online retailers.

To learn more about Eva Chen and her work, visit her website at [evachen.com](http://evachen.com).



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